

## AMENDMENTS TO THE SPECIFICATION

Please amend the paragraph at page 2 lines 17 – 23 to read as follows.

Accordingly, in one non-limiting embodiment of the present invention, there is provided provides a sling assembly for supporting an arm of a user, which sling assembly comprises a support portion for being worn by the user, a sling portion for supporting the arm of the user, and fastener means for fastening the sling portion to the support portion, characterised in that the fastener means being is a releasable fastener means for enabling the sling portion to be fastened and unfastened with respect to the support portion for exercise purposes with the sling portion still being worn, the sling portion does not extend around the elbow of the arm and thereby restrict elbow movement whereby elbow problems are prevented from developing when the sling assembly is worn for extended periods of time, and the fastener means is a single fastener means for one-handed one-time operation by the user.

After page 3 line 20 please insert the following paragraph:

The sling assembly may be one in which the sling assembly does not engage an upper part of the arm such as to restrict movement of the shoulder of the user from which the arm extends thereby to allow shoulder movement and prevent shoulder problems developing when the sling assembly is worn for extended periods of time.

After page 4 line 9 please insert the following paragraph:

The adjuster means may be an adjuster means which extends obliquely with respect to the longitudinal axis of the user whereby the shoulder of the user from which the arm extends is given support in a direction toward the user's body.

After page 5 line 8 please insert the following paragraph:

The fastener means may comprise a matrix of interlocking plastics members which press together and pull apart. Alternatively, the fastener means may comprise at least one press stud.